Plain Language Checklist

| Puts most important information first |
|--|
| Focuses on need to know, not nice to know |
| Avoids jargon and acronyms |
| Uses active voice |
| Uses short sentences. One idea per sentence. |
| Has less than 15-20 words per sentence |
| Uses common, "living room" words |
| Speaks to the reader. Use "you" and "we" |
| Uses common, "living room" words |
| Has words that are 3 syllables or less |
| Uses words that are culturally appropriate |
| Repeats important words and phrases |
| Is direct and clear |

Did you use graphics, pictures or symbols to help explain the message? Place pictures to the left of text. Use with your main points. No more than 4 to 5 pictures on a page. You do not need a picture for every sentence.

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Did you follow these accessibility rules?

| Font type and size is Arial or Verdana (size 14 or larger) |
|--|
| No ALL CAPS |
| Use of bold is okay (but avoids <u>underline</u> and <i>italics</i>) |
| Has Accessible spacing (1.5 is good) |
| Uses lists. Numbers work better than bullets. |
| Uses color choices with high contrast |
| Has lots of white space |
| Avoids columns |
| Does not write out numbers (say 4 instead of four) |
| Avoids text over graphics |
| Uses headings |
| Has wide margins (at least 1 inch) |
| Text lines up on the left |
| No contractions. Uses "do not" instead of "don't" |
| Uses page numbers |
| Uses stories instead of graphs and statistics. |
| Does not use a hyphen to split a word at the end of a line. |
| Keeps all the sentences of a paragraph on the same page. |

Check readability and aim for 6th grade reading level.

Get feedback from people with disabilities. Ask the reader how they would say it!

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